

Alpine Capital and Voltage Aquatics Swim Team Presents

The 2019 IMX-IMR Meet April 26th & 27th, 2019

- Sponsor: Voltage Aquatic Swim Team, Idaho Falls, Idaho
- Sanction: This meet is held under sanction of USA Swimming and Snake River Swimming, Inc., - Sanction No. 19-07. In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising due to injuries to anyone during the conduct of the event. The competition pool has not been certified in accordance with USA Swimming Rule 104.2.2C(4). The minimum water depth measured in accordance with Article 103.2.3 is 5' at the start end and 3.5' at the turn end.
- Date: Friday, April 26th, and Saturday, April 27th, 2019
- Location: Idaho Falls Wes Deist Aquatic Center
149 East 7th Street
Idaho Falls, Idaho 83401
(208) 612-8519
- Course: 8-Lane, 25 yard indoor pool. Pool depth minimum is 3.5', maximum pool depth is 5.0'. Equipped with 8 KDI Paragon starting blocks, backstroke flags, and anti-wave lane lines.
- Format: Serving as an Invitational Meet, all events will be pre-seeded and are swum as timed finals. Coaches should report all event scratches prior to the start of the meet.
- Timing: Daktronics Timing System
- Meet Referee: Glenn Roth
3400 Sparrow Hawk
Idaho Falls, ID 83401
(208) 523-1002
Swimmerg1@hotmail.com
- Protests will be handled in the manner described in section 102.11 of the USA Swimming Rules and Regulations.
- Meet Director: Linda Keele
3129 Homestead Ln.
Idaho Falls, ID 83404
(208) 589-0298
lindak@cableone.net
- Christine Dustin
2833 Holly Pl.
Idaho Falls, ID 83402
(503) 539-4621
Christine@merrells.org
- Schedule: For Session 1: The doors of the Wes Deist Aquatic Center will open at 4 pm on Friday, April 26th. Session 1 warm-ups begin at 5:00 pm, **11&under: 5:00-**

5:30pm 12&older: 5:30-6:00 pm. Meet start: 6:10pm. Session 1 will begin at 6:10 pm. At the referee's request, there will be a mandatory coaches meeting fifteen (15) minutes prior to the start of Session 1 Warm-ups. There will be an officials meeting forty-five (45) minutes prior to the start of the meet.

For Session 2: The doors of the Wes Deist Aquatic Center will open at 7 am on Saturday, April 27th. Session 2 warm-ups begin at 8:00 am. **12&older: 8:00-8:30 am, 11&under: 8:30-9:00am.** Session 2 will begin at 9:10 am. At the referee's request, there will be a mandatory coaches meeting fifteen (15) minutes prior to the start of Session 1 Warm-ups. There will be an officials meeting forty-five (45) minutes prior to the start of the meet.

Eligibility: All swimmers must hold a current 2019 USA Swimming card. Swimmer's age group will be determined by his/her age the first day of the meet, April 26th. This meet is open to Master's holding a current 2019 USA Swimming Card.

Entries: 13 and over may enter a total of 6 events, 12 and under may enter a total of 5 events.

Teams using Hy-Tek, Meet Manager programs should send their meet entry file attached to an email to Linda Keele: lindak@cableone.net. A printout of entries must also be sent in .pdf format. Entries must include the following information: Swimmer's name, age, registration number, team name, team code, event name and number, and best time in short course yards. "No Times" will be allowed. Deck entries will not be accepted. 11 & under swimmers may enter a total of 5 events and 12 and older swimmers may enter total of 6 events.

The meet is set-up for online entries for those teams who use Team Unify. An invite has already been sent to those teams in Snake River Swimming. Please go to www.voltageaquatics.org to enter online or follow the email instructions that were previously sent to you.

All other teams using Hy-Tek, Meet Manager, and Commlink II programs should send their meet entry file attached to an e-mail to lindak@cableone.net. A printout of entries must also be sent. Entries must include the following information: Swimmer's name, age, registration number, team name, team code, event name and number, and best time in short course yards. "No times" will be allowed.

All entrants must be registered no later than the entry deadline of Thursday, April 18th.

If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine up to \$100 per event against the individual, member coach, or member club submitting the entry. After verification of meet entries, if any athlete is found to be not currently registered, the host club must submit a post-meet backup to the Snake River Registration Chairman. If the athlete competed in the meet and his/her

registration was postmarked after the entry deadline, the athlete/Club will be fined \$100 by the Registration Chairman. Additionally, if an athlete competes in a meet as an unregistered swimmer, he/she will be disqualified from all events swum in the meet and will not be allowed to enter any other competitions until the fine is paid and the registration completed.

Mail or e-mail entries to: lindak@cableone.net
Voltage Aquatics Swim Team
P.O. Box 2423
Idaho Falls Id 83403

Deadline: **Entries must be received by Thursday, April 18th, 2019.**

Conduct of Meet: **Current USA Swimming rules will apply.** Snake River Swimming, Inc. safety guidelines and warm-up procedures will be followed. A copy of the guidelines will be included in the heat sheets and posted at the pool.

Use of audio or visual recording devices, including a cell phone camera, is not allowed in changing areas, restrooms or locker rooms.

Under USA Swimming Rule 202.2.9.1 for Deck Changing-Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Areas included are, but not limited to, team and spectator seating sections, as well as warm-up and competition pool decks.

No diving or backstroke starts allowed from the blocks or edge of the pool during warm-ups. Racing starts will be allowed in designated sprint lanes the last 10 minutes of warm-ups.

Meet Marshals will be present. Coaches are expected to actively supervise their swimmers. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. If we do not receive verification signed by the swimmer's coach with the entries, the swimmers will be required to start from the water.

Protests will be handled in the manner described in section 102.11 of the USA Swimming Rules and Regulations.

As prescribed in Article **205.3.1 of the USA Swimming Rules and Regulations**, entries will be limited to those swims that allow the events for swimmers 12 years and younger to be completed within the prescribed time limit of four hours.

Per Section 102.7.2 of the USA Swimming Rules and Regulations, At the Meet Referee's discretion, events may be combined by age, gender, distance, and/or stroke provided there is at least one empty lane between such combined events. The Referee may waive the empty lane requirement with the concurrence of the coaches of the affected swimmers.

Each team will be expected to provide timers during the entire course of the meet. VOLT appreciates the assistance of officials who are current members of USA Swimming from participating teams as well.

Sign-up sheets will be at the head timers table for all interested timers.

Fees: \$2.25 per individual event entry; a surcharge of \$27.00 per swimmer is required (\$9.00 Snake River Fee, \$4.50 Facility fee, \$2.50 Administrative Fee, \$3.00 Timing System fee, \$8.00 Award Fee). All fees must accompany entries. No refunds or credits will be given for events entered but not swum. Awards will not be mailed if not picked up at meet.

One check per team, please. Make checks payable to Voltage Aquatics.

Awards: Every swimmer will receive a participation award. Ribbons for each event for those swimming 1st through 8th based on age group finishes. Trophies awarded for those completing an official time and doing all IMX events (and IMR events for 8&unders). Master's Swimmers will only be eligible for a trophy, no ribbons.

Scoring Awards: Session 1 and 2 will be scored and awarded by age group. Master's Swimmers will not be scored.

Hospitality: A hospitality room will be provided for coaches and officials. A light dinner on Friday night, Breakfast and snacks on Saturday will be provided.

Seating/Miscellaneous: Limited deck seating is available for spectators and swimmers. Spectators are encouraged to use the spectator seating located upstairs. Tables and chairs will be provided for coaches. Heat sheets will be available for \$5. Concessions will be available. Hospitality will be provided for coaches and officials. Goggles will be available for purchase. No other equipment will be available.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

To be compliant with fire marshal, please keep walkways, and doorways (especially emergency exits) free and clear of chairs, people, and personal belongings. You will be asked to move yourself and/or belongings if they are obstructing doorways and walkways.

Accommodations: FairBridge Inn and Suites, 850 Lindsay Blvd. Idaho Falls, ID 83402
P: (208) 523-6260
F: (208) 522-8840
idahofalls@fairbridgeinns.com

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IMX Swim Meet **FairBridge Inn & Suites – Idaho Falls**

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Schedule of Events
Alpine Capital Voltage Aquatics Swim Team Presents
The 2018 IMX-IMR Meet
April 26th & 27th, 2019

Friday, April 26th, 2019
 Warm-ups — 11&under: 5:00-5:30pm 12&older: 5:30-6:00pm
 Meet start: 6:10pm

Female Event #	Event	Male Event #
1	11&over 500 yards Freestyle	2
3	9-10 200 yards Freestyle	4
5	8&under 100 yards Freestyle	6
7	13&over 200 yards Butterfly	8
9	9-12 100 yards Butterfly	10
11	8&under 50 yards Butterfly	12
13	13-19 200 yards Individual Medley	14

Saturday, April 27th, 2019
 Warm-ups — 12&older: 8:00-8:30am 11&under: 8:30-9:00am
 Meet start: 9:10am

Female Event #	Event	Male Event #
15	13&over 400 yards Individual Medley	16
17	9-12 200 yards Individual Medley	18
19	8&under 100 Individual Medley	20
21	13&over 200 yards Backstroke	22
23	9-12 100 yards Backstroke	24
25	8&under 50 yards Backstroke	26
27	13&over 200 yards Breaststroke	28
29	9-12 100 yards Breaststroke	30
31	8&under 50 yards Breaststroke	32