



# Mature Athlete Code of Conduct

## Overview

Boise Swim Club (BSC) seeks to instill, encourage and sustain a great tradition of excellent aquatics in Boise by enhancing the lives of young athletes in spirit, body, and mind. The principles of Boise Swim Club are built upon a foundation of personal responsibility, commitment, determination and discipline.

All of our athletes are encouraged to respect and appreciate their teammates, coaches, families and competitors and to realize their personal best as a representative of Boise, both in and out of the water.

On the club level, the Boise Swim Club vision is to develop the youth in our community through swimming within a safe environment. Our vision is to instill high character athletes and inspire them to reach their potential. We want our swimmers to move on to achieve excellence in high school, college, and life.

## Goals

In order to achieve these goals, Boise Swim Club will hold their older swimmers to a specific code of conduct, as listed below. We hope this will ensure that we are creating a culture of personal responsibility, civic responsibility, leadership and teamwork.

## Specifications

Failure to comply with the Code of Conduct as set forth in this document may result in disciplinary action issued by the swimmers Lead Group Coach and Manager, Stephanie O'Malley, or Deb Hill after consultation with BSC leadership staff. Such discipline may include, but may not be limited to:

- A. Verbal reprimand, suspension, or dismissal from the practice.
- B. Verbal reprimand, suspension, or dismissal from the team.
- C. Proceedings for a LSC or USA Swimming National Board of Review.
- D. If traveling, dismissal from the trip and immediate return home at the athlete's expense.
- E. Disqualification from one or more events, or all events of a competition.
- F. Disqualification from future team travel meets.
- G. Financial penalties associated with cancelled team travel.

## Expectations

- All swimmers will be at practice on time with all required equipment. If swimmers are going to be late or need to leave early, they will notify the coach ahead of time.
- All swimmers will follow the directions and instructions of the coaching staff and display proper respect and sportsmanship toward coaches, officials, administrators, teammates, fellow competitors and the public at all times.
- All swimmers will display proper respect and sportsmanship towards teammates, competitors, other coaches, meet officials, Aquatic staff members, and the general public.
- All swimmers will refrain from using inappropriate language or humor.
- All swimmers will refrain from intimate displays of affections towards other participants while participating at any Boise Swim Club practice, event or activity.


- All swimmers will only engage in age appropriate activities while participating at any Boise Swim Club practice, event or activity.
- No “deck changes” are permitted.
- Athletes are expected to use available change facilities.
- Team members are reminded when competing in meets, traveling on trips, and attending other meet–related functions, they are representing both themselves and the Boise Swim Club.
- Athlete behavior must positively reflect the high standards of our Team.
- All swimmers will report any inappropriate behavior to the coaching staff immediately upon recognizing or hearing about such behavior.

## Unacceptable Behavior

- Insubordination to any coach, meet official, chaperone, parent volunteer, or facility staff.
- Displaying or promoting unsafe actions in or around the pool or locker room.
- The possession or use of alcohol, tobacco products, or any non–prescribed drug by any athlete is strictly prohibited.
- The possession, use, or sale/distribution of any controlled or illegal substance is strictly forbidden.
- The possession or use of any form of weapon during swim team events is strictly forbidden.
- Theft, “borrowing or souvenir taking” is strictly forbidden.
- Fighting, bullying, or disorderly conduct will not be tolerated.
- Team members and staff will refrain from any illegal or inappropriate behavior that would detract from a positive image of the team or be detrimental to its performance objectives.
- Inappropriate communication, behaviors, or interaction between any BSC members (i.e. inappropriate texting messages or pictures. as well as inappropriate messages or pictures on any social media communications) will not be tolerated.

## Safe Sport Requirements

The USA Swimming Safe Sport Program is offering free athlete protection training to parents and athletes. Parents are a critical component to the overall goal to protecting children from sexual abuse. The comprehensive online programming includes information about how offenders operate; how to recognize and respond to boundary violations, myths and facts about child sexual abuse, and a summary of USA Swimming Athlete Protection



Policies and Procedures. The team encourages all of our parents to take the parent online video training. It will take about 15 minutes.

<https://www.usaswimming.org/articles-landing-page/2017/02/16/safe-sport-for-parents>

Boise Swim Club members ages 12 & Over are required to participate in the Athlete Safe Sport Education course within two (2) weeks of joining the team and should plan to retake the course once every two years.

If there is no record of a swimmer taking the course within the prescribed time, the swimmer will be asked to discontinue practicing with the team until the course is taken.

**Athletes may take the course at home under the supervision of a parent.**

**Parents of 12 years and older swimmers with content concerns may consult with the Head Coach and Team Manager before the training.**

**The course video can be found at the following link:**

<https://www.usaswimming.org/articles-landing-page/2017/04/05/free-safe-sport-training-for-athletes>

\*Courses can also be located by going to [usaswimming.org](http://usaswimming.org), then clicking on safe sport.

Please sign and turn in (or scan and email) the signature form on the following page once you have taken the class. The form must be signed by both the athlete and parent unless the athlete is age 18 or older.



## Boise Swim Club Mature Athlete Code of Conduct

I have read the Boise Swim Club Swimmer Code of Conduct. As a member of the Boise Swim Club, I agree to adhere to all requirements and expectations.

[Swimmer and Parent signatures required if swimmer is under the age of 18.]

\_\_\_\_\_  
 Print Swimmer Name                  Swimmer Signature                  Date

\_\_\_\_\_  
 Print Parent Name                  Parent Signature                  Date

Boise Swim Club Safe Sport Policy is required for all swimmers 12 & Over

BSC swimmers, please acknowledge below the completion of the Safe Sport Requirement by watching the Athlete Safe Sport video.

[No parent signature required for 18 & Over swimmers.]

\_\_\_\_\_  
 Print Swimmer Name                  Swimmer Signature                  Date

\_\_\_\_\_  
 Print Parent Name                  Parent Signature                  Date

Please sign and return.